# PRE-TEEN & YOUTH PROGRAMS FALL 2015

#### **Douglas Park Community Centre**

801 W. 22nd Avenue Vancouver BC





### Boys Only

#### Game Time 10-12yrs ~Oliver

Outdoor activities when the weather permits, indoor video games or boards games on poor weather days. This is the time for the guys to just hang together.

Registration required as space is limited.

Thursdays 6:00-7:30

Sep 10-Dec 17 **18250 FREE** 



# Open House

September 12th—10:00am-1:00pm

**Starla Bayley**—Community Youth Worker **Nicolle Koeppel**—RALLY

Payvand —Jr. Chefs & Friday Night Fun Jr. & Sr. Youth Council's

Taz—Baker's Dozen

Rebekah—Snack Attack & Swimming

Oliver—Game Time & Friday Night Fun

**Calvert**—Swimming

Kelvin—Card Club

Stephanie—PACK Leadership

Youth Office 604-257-6951 AKA—The RALLY Room

If you have an idea for a program or would like some more information please phone or email Starla at:

starla.bayley@vancouver.ca

## Girls Only

#### JR. Chefs 9-12yrs~ Payvand

Come an join with your friends and cook and eat a different meal every Thursday night. This is a great time to laugh and learn with other girls your age. Bring an extra container to take home any left overs.

Thursdays 6:30-8:30

Sep 10-Oct 22 **18246** 

\$91/7 sessions

Nov 5– Dec 17 **18249** 

\$91/7 sessions



#### Art Attack 10-12yrs ~ Starla Bayley

Multi-Media art group. We will try various forms of artistic expression from painting, beadwork, fimo and various forms of construction.

struction. Registration is required as space is limited.

Saturdays 1:00-3:00 Sep 12– Oct 10 Oct 17– Nov 14 Nov 21- Dec 19

FREE



# Friday Night Swimming - 8-10yrs

Get a ride to and from Hillcrest Community Centre every Friday night and splash around with Rebekah and Cal and all your friends. Registration is required.

Friday 6:00-8:30

\$25/5 sessions

Sep 11-Oct 9 **18257** Oct 16-Nov 13 **18258** 

Nov 20-Dec 18 **18259** 



### Friday Night FUNI ~ 11-13yrs

Come and hang out with your friends at the community centre. Play the X-Box or Wii U (when available), make stuff in the kitchen, watch movies, use the gym or just CHILL with our youth staff. Registration required. Friday 6:00-8:30

Sep 11-Dec 18 **18261** 

FREE

### Gastronomy Baker's Dozen 9-12yrs

It's all about the sweet stuff. Bake cookies, cobblers and tasty creations. Bring an extra container to take home goodies. Please notify instructor of any dietary concerns.

Monday 3:30-5:30

\$91/7 sessions

Sep 14-Nov2\* **6166** 

\*No class Oct 12

Nov 9-Dec 21 **17871** 

### **Snack Attack 9-12yrs**

Start off with some gym time and games, working up your appetite to make some awesome after school snacks. Please notify the instructor of any dietary concerns.

Friday 3:15-5:30

\$60/5 sessions

Sep 11-Oct 9 **17879** Oct 16-Nov 13 **17881** 

Nov 20-Dec 18 **17883** 

### LEADERSHIP

**P.A.C.K.** Leadership—Core 11-13 yrs ~ Develop your leadership potential in a constructive, fun and relaxing atmosphere. Build your credentials towards being a youth leader for the community. Successful completion includes a sleepover at the community centre on Dec 12th-13th.

Sunday 10:30-12:00 \$104/8 sessions

Oct 18-Dec 6 18262

#### P.A.C.K. Leadership—Applied 14-18yrs ~ This level offers ad-

vanced opportunities to practice

effective communication, group facilitation skills and public speaking through workshops, visitors and community projects to become youth mentors. Pre-requisites: completion of P.A.C.K. Leadership—Core or related leadership training.

Sunday 10:00-12:00

\$121/10 sessions

Oct 4-Dec 13\* **18263** 

\*no class Oct 11

### PROGRAM Cancelations

Sometimes really great programs have to be canceled due to low and or slow registration. If you are interested in a program please don't hesitate to let us know so we don't leave you stranded. If the fees are an issue please contact the Community Youth Worker to see if arrangements can be made.

Thanks

The Douglas Park Youth Staff