

# Parents as career coaches

# Youth in Transition



Join us and explore the future!

As part of the JCC Parent Education programming we offer you the last of our 5 week experiential program providing useful and accessible information to families and individuals during times of transition.

**Wk 5 - Monday June 15**

**7:00-9:00pm**

## **ADVOCACY – 14 Steps to Successful Advocacy**

Advocacy is not requesting. Advocacy is what you do when your requests have been denied. Come and discover tools for systematic advocacy, so that you can feel empowered if you are an adult, a youth, a caregiver or parent. If you are dealing with local, provincial or federal issues. If you are personally requiring assistance or if your youth needs tips for dealing with a school issue, a medical issue or a personal issue. Please feel free to bring your questions with you. It makes for an even livelier time.

## **CELEBRATION**

In our second hour, we will be celebrating You and the conclusion of this season. After the workshop we will continue with our wrap up party featuring appetizers, desserts and refreshments from Bagel Club Catering and an interactive world cafe.

Facilitated by

**Sarina Auriel** MA CVT RYT

Sarina Auriel holds a Masters Degree in the interdisciplinary studies of special education and health. Sarina is a speaker, workshop facilitator, therapist, writer and teacher. She is currently working on her book "From Surviving to Thriving: A Self Pilgrimage for living your life fully". Sarina is the recipient of the 2011 Wings of Change humanitarian award and the Vietnam Veterans in Canada 1987 Award of Appreciation.

## **FREE PROGRAM**

**Registration requested**

Contact Anat or Sarina at  
[inclusionservices@jccgv.bc.ca](mailto:inclusionservices@jccgv.bc.ca)