



Calmer, Easier, Happier Parenting

with Suzanne Ferera

Tuesdays 7:00-8:30pm Adult Lounge

The 5 Foundation Skills of Parenting Oct 22

Suzanne will review the *5 Foundation Skills of the Calmer, Easier, Happier Parenting* approach. There will be time for questions & answers at the end of the session.

Siblings With Less Rivalry Nov 26

Learn how to use *Calmer, Easier, Happier Parenting Skills* to greatly reduce sibling squabbles.

Bringing Out The Best in Children With Special Needs Jan 21

Use *Calmer, Easier, Happier Parenting Skills* to help your child improve behaviour, confidence, self-reliance and learning.

JCC/PAFC Member Value Price: \$36 + gst; Regular Price: \$45 + gst
Drop-in: JCC/PAFC Member Value Price: \$15; Regular Price: \$18

Coaching session in small group - interested?

Contact Pazit Krimerman, paftc@jccgv.bc.ca; 604-257-5111 ext. 331

