CALMER, EASIER, HAPPIER FAMILY LIFE WITH TEENS STRATEGIES FOR RAISING RESPECTFUL, RESPONSIBLE & SELF-RELIANT TEENS



"I am so grateful for Noël's seminar. Her cooperation strategies helped me with my 16-year old daughter and our relationship has actually improved 100%. Whereas before we were both bordering on hysteria with my constant nagging and reminding and her uncooperative and disrespectful behavior--I now have a teenage daughter who listens, is more respectful and who wants to spend time with me. Thank you, Noël!"

--Sheryl Orange, Mother of a Teen

Workshop with Noël Janis-Norton, Thursday, November 1, 2012, 7-9 PM King David High School 5718 Willow Street, Vancouver, V5Z 4S9 \$15 in advance; \$20 at the door Register at www.bpt.me/272742 Parents strongly encouraged to attend together More info?

Contact <u>suzanne@parentingsuccess.ca</u> or call 604.528.0102

Living with teenagers is enjoyable when they are at their best. However, when they are defiant, argumentative or withdrawn, it is all too easy to be drawn into a cycle of nagging and arguing. Adolescence is already a time of physical and emotional upheaval, and the addition of social media management makes parenting even more challenging. Come learn specific strategies you will be able to immediately use to make life with your teens enjoyable for all, helping them to become more respectful, responsible and self-reliant.



Noël Janis-Norton, creator of "Calmer, Easier, Happier Parenting," is an internationally renowned expert on the learning and behavior of children. For 40 years, Noël has been sharing her unique techniques with hundreds of thousands of parents and teachers on both sides of the Atlantic through seminars, trainings and consultations, helping them learn positive and practical techniques that result in more cooperative, confident, motivated, self-reliant and considerate children both at home and in the classroom. Noël is the author of books, CDs, and DVDs for parents and teachers, including the recently published, "Calmer, Easier, Happier Parenting: The Revolutionary Programme That Transforms Family Life." Visit www.calmerparenting.com